

A safe haven for Asian Pacific Islander Women and Children



## My Sister's House

The mission of My Sister's House is to serve Asian and Pacific Islander and other underserved women and children impacted by domestic violence, sexual assault, and human trafficking by providing a culturally appropriate and responsive safe haven, job training, and community services.

My Sister's House serves domestic violence survivors of all ethnicities.

My Sister's Cafe is a volunteer-based support program for My Sister's House to help domestic violence survivors "get back on their feet" financially.

### My Sister's House

24-hour Multilingual Help Line: (916) 428-3271

[www.my-sisters-house.org](http://www.my-sisters-house.org)



## My Sister's Café

A Program of My Sister's House

Offering specialty coffees,  
teas, smoothies, and food  
with an Asian flair

Monday – Friday

8am to 4pm

455 Capitol Mall, #110

Phone: (916) 475-1864

[www.mysisterscafe.org](http://www.mysisterscafe.org)



## BREAKFAST

**Sunrise Sandwich** (served 8am–11am daily) 5.25

Sliced Turkey Breast or a Sausage Patty, egg, and cheddar served hot on a croissant or ciabatta roll  
(**Add** spinach, tomatoes, or onions – 50¢ each)

**Quiche** (available all day) 4.50

A hearty slice of our delicious special recipe daily quiche

**Fruit & Granola Parfait** (available all day) 4.25

Fruit topped with vanilla yogurt, almond granola, and honey  
\*Gluten-free granola available\*

**Oatmeal** (available all day) 3.00

Plain or Maple & Brown Sugar oatmeal topped with fresh fruit

**Toast & Topping** (available all day) 2.50

Two slices of toast with whatever nut butters or jam are available

**Side of Fruit** (available all day) 2.00

Side of fresh fruit salad

## SALADS

**Add:** Rotisserie Chicken, Curry Chicken Salad, or Tuna Salad for \$2

**Add:** Avocado for \$1.50

**Add** a cup of soup for \$2.00

**Side Salad** 3.50

Romaine, cucumbers, carrots, red cabbage, tomatoes, red onions & croutons

**Choose dressing:** Ranch, Raspberry Vinaigrette, or Balsamic Vinaigrette

**Caesar** Full: 6.00 Small: 3.50

Romaine, croutons, shredded Parmesan cheese & Caesar dressing

**Farmer's Market** Full: 7.50 Small: 4.25

Mixed greens, cucumbers, shredded carrots, sweet corn, kidney beans, artichokes, & cherry tomatoes

**Choose dressing:** Ranch, Raspberry Vinaigrette, or Balsamic Vinaigrette

**Chinese Chicken** Full: 8.50 Small: 4.50

Rotisserie chicken, romaine, red cabbage, cucumbers, carrots, mandarin oranges, sliced almonds, sesame sticks, & sesame-ginger dressing

**Chicken Cobb** Full: 8.95 Small: 4.50

Rotisserie chicken, romaine, crumbled bacon, tomatoes, black olives, hard boiled egg, & blue cheese dressing

 **Thai Mango Steak** Full: 9.50 Small: 6.25

Sliced steak, romaine lettuce, Thai basil, cucumbers, tomatoes, mango, & spicy ginger-soy dressing

## TRADITIONAL

\***Add** chips & a soda, small iced tea, or bottled water for \$2.25 (+sales tax if applicable)

### Deli Sandwich

Build your own sandwich 6.50

**Choose:**

Bread	Meat	Cheese	Veggies	Condiments
Country White	Turkey	Cheddar	Lettuce	Mayo
Whole Wheat	Ham	Jack	Tomato	Deli Mustard
Sourdough	Roast Beef	Swiss	Red Onion	Siracha
Multi-Grain	Tuna	Provolone	Dill Pickles	
Gluten-Free	Egg Salad		Spinach (add 50¢)	
Banh Mi (add 75¢)			Avocado (add 1.50)	

## SPECIALTY

**Add** chips & a soda, small iced tea, or bottled water for \$2.25

**Add** a cup of soup for \$2.00

**Add:** Avocado for \$1.50

 **Banh Mi** 6.25

**Choose:** Rotisserie Chicken, Shredded Pork, or Sliced Tofu

Toasted Vietnamese baguette, cucumbers, pickled carrots & daikon, jalapenos, cilantro, mayo, and seasoned soy sauce

**Curry Chicken** 6.25

Chicken salad blended with curry spices, golden raisins and crunchy celery. Comes with lettuce, red onions, and mayo on whole wheat

**The Veggie** 5.75

Cream cheese, avocado spread, cucumbers, tomatoes, red onions, capers on multigrain

**Roast Beef Lime Panini** 7.50

Sliced roast beef with tangy cilantro-lime aioli, jack cheese, red onions and shredded green cabbage toasted on a Panini grill

**Turkey Pesto Panini** 7.50

Sliced turkey breast, provolone, tomatoes, and a pesto spread toasted on a Panini grill

**Chipotle Turkey Wrap** 6.50

Flour tortilla with Chipotle aioli spread, sliced turkey breast, lettuce, tomato, red onions & sweet corn

**Salmon Lemon-Dill Wrap** 6.75

Tomato flour tortilla with a blended salmon lemon-dill caper salad spread, lettuce, cucumbers, & red onions

Free Wi-Fi Available. Call to place orders for pick up.

Orders of 10 people or more must be placed at least 24 hours in advance.

**Thank you for supporting My Sister's House programs and services!**

All proceeds go towards My Sister's House.