

2010 Run for a Safe Haven 5K Timed

Overall Finish List

6-Nov-10

Results By Capital Road Race Management

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gender</u>	<u>Age Group</u>	<u>Chip Time</u>	<u>Gun Time</u>
1	Jason Boots	Austin TX	360	34	M	1 30-39	17:04.0	17:04.0
2	Robert Campagnone	Citrus Heights CA	33	20	M	1 19-29	17:16.0	17:17.0
3	Brian Miller	El Dorado Hills CA	283	33	M	2 30-39	17:55.0	17:56.0
4	Neil Gullickson	Sacramento CA	340	37	M	3 30-39	18:40.0	18:40.0
5	John Nichols	El Dorado Hills CA	176	45	M	1 40-49	18:55.0	18:56.0
6	Peter Williams	Sacramento CA	255	42	M	2 40-49	19:22.0	19:24.0
7	Rick Santos	Rancho Cordova CA	206	46	M	3 40-49	19:27.0	19:27.0
8	P.h. Naffah	Peoria AZ	359	40	M	4 40-49	19:35.0	19:36.0
9	Greg Mandler	Elk Grove CA	149	47	M	5 40-49	19:48.0	19:48.0
10	Brian McKinney	Woodland CA	332	39	M	4 30-39	20:08.0	20:08.0
11	Carlos Jora	Sacramento CA	563	43	M	6 40-49	20:33.0	20:33.0
12	Scott Clark	Sacramento CA	366	37	M	5 30-39	20:39.0	20:41.0
13	Joey Campagnone	Citrus Heights CA	32	26	M	2 19-29	20:48.0	20:49.0
14	Dan Baxter	West Sacramento CA	293	36	M	6 30-39	20:51.0	20:53.0
15	Darrell Tianco	Sacramento CA	227	27	M	3 19-29	20:49.0	20:57.0
16	Christopher Carlson	Sacramento CA	35	22	M	4 19-29	20:48.0	21:00.0
17	Erwin Sabio	Davis CA	202	32	M	7 30-39	20:59.0	21:03.0
18	Madison Houk Houk	Carmicheal CA	92	20	F	1 19-29	21:07.0	21:07.0
19	Darren Yee	West Sacramento CA	271	33	M	8 30-39	21:16.0	21:18.0
20	Michell Duncan	Rocklin CA	282	28	F	2 19-29	21:24.0	21:24.0
21	Makiko Yamashita	Sacramento CA	365	36	F	1 30-39	21:52.0	21:53.0
22	Jason Mica	Rancho Cordova CA	288	38	M	9 30-39	22:10.0	22:11.0
23	Daniel Nutley	El Dorado Hills CA	331	44	M	7 40-49	22:07.0	22:11.0

24	Sean Inaba	Sacramento CA	102	27	M	5 19-29	21:31.0	22:11.0
25	Desiree Wilson	Sacramento CA	257	55	F	1 50-59	22:40.0	22:40.0
26	Cora Crandall	Tulare CA	351	14	F	1 13-15	22:49.0	22:53.0
27	Andrew-Brian Nguyen	Elk Grove CA	172	25	M	6 19-29	22:51.0	22:54.0
28	Randy Hsieh	Elk Grove CA	96	38	M	10 30-39	23:13.0	23:15.0
29	Wil Mar	Sacramento CA	153	35	M	11 30-39	23:22.0	23:29.0
30	Michael Harbison	Granite Bay CA	376	33	M	12 30-39	23:33.0	23:38.0
31	Lorenzo Duran	Sacramento CA	63	29	M	7 19-29	24:02.0	24:05.0
32	Huy Ly	Sacramento CA	329	22	M	8 19-29	24:04.0	24:08.0
33	Michael Derrick	Sacramento CA	54	63	M	1 60-69	24:05.0	24:13.0
34	Debbi Kanner	Sacramento CA	362	57	F	2 50-59	24:09.0	24:13.0
35	Erika Woolson	Sacramento CA	354	42	F	1 40-49	24:06.0	24:16.0
36	Jonathan Joe	Sacramento CA	108	11	M	1 1-12	24:24.0	24:24.0
37	Craig Yamane	Sacramento CA	268	55	M	1 50-59	24:29.0	24:30.0
38	Gary Fiscus		392	53	M	2 50-59	24:33.0	24:37.0
39	Elizabeth Rodgers	Sacramento CA	197	32	F	2 30-39	24:47.0	24:48.0
40	Mohamed Ahmad	Folsom CA	5	27	M	9 19-29	24:17.0	24:59.0
41	Keirsten Gwilt	Roseville CA	84	17	F	1 16-18	25:02.0	25:04.0
42	Tony Capasso	El Dorado Hills CA	34	59	M	3 50-59	25:00.0	25:07.0
43	Christina Danez		50	0	F	1 0-0	24:55.0	25:09.0
44	John-Paul Le	Antelope CA	130	18	M	1 16-18	25:07.0	25:10.0
45	Shawn Swilley	Citrus Heights CA	223	30	M	13 30-39	24:10.0	25:10.0
46	Andrea Cortez	Elk Grove CA	46	25	F	3 19-29	25:04.0	25:13.0
47	Monica Dillon	Sacramento CA	57	36	F	3 30-39	25:12.0	25:15.0
48	James Le	Antelope CA	129	16	M	2 16-18	25:16.0	25:20.0
49	Antonio Marites	Sacramento CA	308	39	M	14 30-39	25:22.0	25:26.0
50	Patricia Carozzi	Fair Oaks CA	37	50	F	3 50-59	25:24.0	25:28.0
51	Allen Lee	Vacaville CA	132	21	M	10 19-29	25:32.0	25:33.0
52	Felicia Ames	Sacramento CA	364	25	F	4 19-29	25:21.0	25:36.0
53	Heather McMillin	Rocklin CA	347	47	F	2 40-49	25:41.0	25:42.0
54	Tom Hale	Elk Grove CA	85	59	M	4 50-59	25:40.0	25:45.0
55	John Wilcox	Tampa FL	253	50	M	5 50-59	25:40.0	25:46.0
56	Kyle O'Brien	Folsom CA	306	26	M	11 19-29	25:34.0	25:48.0
57	Justin Carvalho	Sacramento CA	363	27	M	12 19-29	25:36.0	25:51.0
58	Mohinder Singh	Elk Grove CA	292	30	M	15 30-39	25:39.0	25:57.0
59	Chris Lee	Sacramento CA	133	30	M	16 30-39	26:06.0	26:14.0

60	Victoria Satow	Sacramento CA	208	19	F	5 19-29	25:54.0	26:30.0
61	Janice Tulawan	Sacramento CA	240	39	F	4 30-39	26:29.0	26:32.0
62	Kathy Thurston	Elverta CA	333	36	F	5 30-39	26:38.0	26:39.0
63	Matt Baldwin	Sacramento CA	13	30	M	17 30-39	26:30.0	26:40.0
64	Melissa Asher	Sacramento CA	352	40	F	3 40-49	26:46.0	26:50.0
65	Cassie Joiner	Sacramento CA	110	22	F	6 19-29	26:53.0	26:58.0
66	Robin Imagire	Sacramento CA	101	44	F	4 40-49	26:58.0	27:07.0
67	Zachary Buldu	Folsom CA	335	20	M	13 19-29	27:09.0	27:13.0
68	Gina Cruz	Sacramento CA	48	24	F	7 19-29	27:11.0	27:17.0
69	Jared Ropelato		388	31	M	18 30-39	27:00.0	27:19.0
70	Melanie Hui	Davis CA	97	24	F	8 19-29	26:45.0	27:19.0
71	Thomas Degrace	Folsom CA	305	23	M	14 19-29	27:08.0	27:20.0
72	Paula Howe	Placerville CA	94	53	F	4 50-59	27:15.0	27:23.0
73	Meredith Carey		384	20	F	9 19-29	26:46.0	27:25.0
74	Corey Louie	Sacramento CA	140	13	M	1 13-15	27:25.0	27:26.0
75	Andrew Lai	Sacramento CA	124	31	M	19 30-39	27:20.0	27:28.0
76	Cherie Fiscus		391	51	F	5 50-59	27:14.0	27:29.0
77	Lisa Obrien	Folsom CA	178	45	F	5 40-49	27:20.0	27:32.0
78	Audrey Fong	Sacramento CA	72	29	F	10 19-29	27:02.0	27:39.0
79	Danielle Martin	Sacramento CA	315	31	F	6 30-39	27:34.0	27:40.0
80	Janet Kim	Davis CA	117	27	F	11 19-29	27:32.0	27:41.0
81	Cambria Schneider	Elk Grove CA	371	33	F	7 30-39	27:33.0	27:41.0
82	Shanna Klobberdanz	Sacramento CA	120	42	F	6 40-49	27:44.0	27:53.0
83	Katelyn Crowley	Sacramento CA	355	24	F	12 19-29	27:43.0	27:53.0
84	Heather Marohnic	Folsom CA	155	22	F	13 19-29	27:58.0	27:58.0
85	Leslie Ang	Davis CA	8	26	F	14 19-29	27:51.0	28:01.0
86	Melissa Watkins	Davis CA	251	22	F	15 19-29	27:58.0	28:01.0
87	ryan tarnasky		300	13	M	2 13-15	27:54.0	28:04.0
88	Darren Sunahara	Sacramento CA	222	27	M	15 19-29	27:25.0	28:05.0
89	Konrad Von Schoech	Sacramento CA	245	37	M	20 30-39	28:06.0	28:10.0
90	Elaine Yang	Sacramento CA	269	23	F	16 19-29	28:11.0	28:21.0
91	Blythe Mao	Elk Grove CA	150	39	F	8 30-39	27:57.0	28:31.0
92	Melissa Masing	Sacramento CA	157	34	F	9 30-39	28:24.0	28:31.0
93	Sterling Grover	El Dorado CA	296	51	M	6 50-59	28:08.0	28:34.0
94	Andrea Donahue	West Sacramento CA	62	25	F	17 19-29	28:05.0	28:35.0
95	Robbie Taketa	San Francisco CA	225	27	M	16 19-29	28:00.0	28:40.0

96	Andrea Ryan	Roseville CA	201	38	F	10 30-39	28:32.0	28:43.0
97	Audrey Haug	Elk Grove CA	87	43	F	7 40-49	28:28.0	28:44.0
98	Catherine St.amour	Folsom CA	218	46	F	8 40-49	28:38.0	28:51.0
99	Tejvir Grewal	West Sacramento CA	314	28	M	17 19-29	28:39.0	28:57.0
100	Rey Nedoy		398	24	M	18 19-29	29:00.0	29:00.0

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gender</u>	<u>Age Group</u>	<u>Chip Time</u>	<u>Gun Time</u>
101	Danielo Dolar	Elk Grove CA	60	42	M	8 40-49	28:55.0	29:02.0
102	Paul Boyd	San Jose CA	374	43	M	9 40-49	28:47.0	29:14.0
103	Naomi Gilbert	Rancho Cordova CA	383	40	F	9 40-49	29:10.0	29:19.0
104	Chris Castagna	Sacramento CA	313	34	F	11 30-39	29:13.0	29:20.0
105	Kimberly Wong	Sacramento CA	262	27	F	18 19-29	28:51.0	29:27.0
106	Jean Hobler		385	40	F	10 40-49	28:57.0	29:30.0
107	Sarah Satow	Sacramento CA	207	26	F	19 19-29	28:56.0	29:31.0
108	Matthew Nakao	Sacramento CA	170	28	M	19 19-29	28:56.0	29:31.0
109	Stephanie Hofer	Elk Grove CA	381	27	F	20 19-29	29:23.0	29:31.0
110	Denise Halstead	Rocklin CA	86	37	F	12 30-39	29:26.0	29:34.0
111	Mymy Nguyen	Antelope CA	174	24	F	21 19-29	29:32.0	29:35.0
112	Linna Peng	Davis CA	294	25	F	22 19-29	29:13.0	29:39.0
113	Tami Louie	Sacramento CA	142	53	F	6 50-59	29:47.0	29:48.0
114	Charito Galli	Sacramento CA	323	51	F	7 50-59	29:21.0	29:50.0
115	Amanda Russell	Davis CA	353	22	F	23 19-29	28:54.0	29:51.0
116	Kim Bui	Antelope CA	29	28	F	24 19-29	29:26.0	30:01.0
117	Angela Lai	Sacramento CA	125	33	F	13 30-39	29:43.0	30:03.0
118	Genevieve Fahey	Davis CA	67	22	F	25 19-29	30:04.0	30:07.0
119	Vanessa Cajina	Sacramento CA	322	29	F	26 19-29	29:54.0	30:12.0
120	Stacy Hull	Elk Grove CA	98	47	F	11 40-49	30:07.0	30:13.0
121	Chris De Young	Sacramento CA	53	30	M	21 30-39	29:43.0	30:25.0
122	Gary Matsumoto	Sacramento CA	159	60	M	2 60-69	30:25.0	30:30.0
123	Brian Louie	Sacramento CA	139	50	M	7 50-59	30:07.0	30:35.0
124	Kacie Louie	Sacramento CA	141	16	F	2 16-18	30:35.0	30:35.0
125	Dana Peters	Sacramento CA	357	34	F	14 30-39	30:35.0	30:37.0
126	Jennifer Baldwin	Sacramento CA	12	34	F	15 30-39	30:29.0	30:38.0
127	Tara Stout	Roseville CA	220	38	F	16 30-39	30:36.0	30:38.0
128	Amy Jones	Sacramento CA	111	35	F	17 30-39	30:31.0	30:40.0
129	Vicki Brown	Sacramento CA	28	44	F	12 40-49	30:38.0	30:46.0

130	Lana Foon	Granite Bay CA	76	37	F	18 30-39	30:12.0	30:48.0
131	Andy Nguyen	Roseville CA	173	38	M	22 30-39	30:11.0	30:48.0
132	Kim Wong	Sacramento CA	261	30	F	19 30-39	30:32.0	30:51.0
133	Dan Tokutumi	Loomis CA	349	58	M	8 50-59	30:49.0	30:53.0
134	Donald Tarnasky	Sacramento CA	301	54	M	9 50-59	30:49.0	30:59.0
135	Maggie Phung	Sacramento CA	378	44	F	13 40-49	30:35.0	31:03.0
136	Tanya Harbison	Granite Bay CA	375	34	F	20 30-39	31:00.0	31:05.0
137	Victoria Patterson	Sacramento CA	182	18	F	3 16-18	30:56.0	31:07.0
138	Stephanie Carroll	Citrus Heights CA	350	33	F	21 30-39	31:00.0	31:09.0
139	Cindy Nicolaysen	Rocklin CA	299	53	F	8 50-59	30:49.0	31:15.0
140	Toni Wilcox	Squaw Lake MN	254	49	F	14 40-49	31:09.0	31:16.0
141	Nicole Difuntorum	Sacramento CA	368	33	F	22 30-39	31:12.0	31:17.0
142	Stephen Benetti	Elk Grove CA	17	52	M	10 50-59	31:04.0	31:20.0
143	Diem Tran	Woodland CA	236	26	F	27 19-29	31:19.0	31:28.0
144	Audrey Dubin	Sacramento CA	370	24	F	28 19-29	31:12.0	31:28.0
145	Sarah Loui-Fong	Sacramento CA	138	47	F	15 40-49	31:24.0	31:30.0
146	Tim Jones	Sacramento CA	113	49	M	10 40-49	31:26.0	31:34.0
147	Jeanne Villalona	Folsom CA	244	38	F	23 30-39	31:28.0	31:41.0
148	Rita Saephanh	Folsom CA	203	23	F	29 19-29	31:26.0	31:41.0
149	Samir Basic	Antelope CA	16	30	M	23 30-39	31:24.0	31:50.0
150	Guzman Lilianna	West Sacramento CA	137	12	F	1 1-12	31:39.0	31:53.0
151	Mariscal Raquel	Sacramento CA	194	36	F	24 30-39	31:38.0	31:53.0
152	Kristin Masaki	Sacramento CA	156	31	F	25 30-39	31:56.0	31:56.0
153	Nikki Desantis	Sacramento CA	380	41	F	16 40-49	31:56.0	32:01.0
154	Kathy Morgan	Sacramento CA	165	53	F	9 50-59	31:58.0	32:02.0
155	Jenny Henderson	Sacramento CA	284	38	F	26 30-39	31:54.0	32:03.0
156	Bill Poppler	Elk Grove CA	187	14	M	3 13-15	31:49.0	32:05.0
157	Jim Lassen	Elk Grove CA	290	47	M	11 40-49	31:33.0	32:07.0
158	Roxane Lassen	Elk Grove CA	289	44	F	17 40-49	31:35.0	32:08.0
159	Sonia Fernandes	Sacramento CA	71	35	F	27 30-39	31:44.0	32:15.0
160	Andrew Devey	Folsom CA	295	43	M	12 40-49	31:51.0	32:16.0
161	Julia Oberg	Folsom CA	177	36	F	28 30-39	32:09.0	32:23.0
162	Armando Avila	Lockeford CA	9	38	M	24 30-39	32:20.0	32:25.0
163	James Ashby	Granite Bay CA	373	25	M	20 19-29	32:01.0	32:26.0
164	Karen Goodman	Carmichael CA	83	51	F	10 50-59	32:09.0	32:27.0

165	Danielle Fong	Sacramento CA	73	23	F	30 19-29	32:11.0	32:28.0
166	Teresa Bui	Sacramento CA	279	24	F	31 19-29	32:27.0	32:29.0
167	Adrian Araba	Sacramento CA	369	21	F	32 19-29	32:26.0	32:30.0
168	Jennelene Chua	West Sacramento CA	41	29	F	33 19-29	32:33.0	32:42.0
169	Gary Kikumoto	Sacramento CA	116	47	M	13 40-49	32:24.0	32:45.0
170	Lynne Nakamura	Sacramento CA	169	26	F	34 19-29	32:11.0	32:47.0
171	Tom Bhe	Folsom CA	356	60	M	3 60-69	32:37.0	32:50.0
172	Tim Shelley		396	58	M	11 50-59	32:24.0	32:51.0
173	Kristen Venditelli		310	43	F	18 40-49	32:18.0	32:54.0
174	Michelle Garibay	Sacramento CA	286	32	F	29 30-39	32:51.0	32:57.0
175	Christopher Cabaldon	West Sacramento CA	361	44	M	14 40-49	32:53.0	33:00.0
176	Pang Her	Sacramento CA	281	21	F	35 19-29	32:39.0	33:10.0
177	Latika Sharma	Sacramento CA	209	31	F	30 30-39	32:48.0	33:13.0
178	Natalie Johnston	Sacramento CA	109	30	F	31 30-39	32:48.0	33:13.0
179	Alex Kwan		122	21	M	21 19-29	33:00.0	33:14.0
180	Amy Inderkum	Sacramento CA	103	34	F	32 30-39	33:10.0	33:18.0
181	Joseph Gilmette	Rancho Cordova CA	81	52	M	12 50-59	32:44.0	33:18.0
182	Nicholas Le	Sacramento CA	382	13	M	4 13-15	33:15.0	33:19.0
183	Angie Acosta	Sacramento CA	285	27	F	36 19-29	33:19.0	33:25.0
184	Liezel Marie Formentera	West Sacramento CA	302	27	F	37 19-29	33:19.0	33:26.0
185	Nou Theo	Sacramento CA	379	40	F	19 40-49	32:59.0	33:26.0
186	Ryan Cuin	Sacramento CA	377	45	M	15 40-49	33:25.0	33:33.0
187	Edgar Brichta	Sacramento CA	24	80	M	1 80-99	33:26.0	33:34.0
188	San Saephan	Sacramento CA	303	28	M	22 19-29	33:17.0	33:34.0
189	Bill Huynh	West Sacramento CA	99	33	M	25 30-39	33:35.0	33:37.0
190	Pawel Pachnowski	San Jose CA	367	38	M	26 30-39	33:10.0	33:38.0
191	Jessica Lee	Sacramento CA	287	38	F	33 30-39	33:33.0	33:39.0
192	Linda Rominger	Napa CA	372	50	F	11 50-59	33:22.0	33:41.0
193	Debra Chan-Stroud	Sacramento CA	38	49	F	20 40-49	33:36.0	33:44.0
194	Juan Alvarado	Sacramento CA	7	34	M	27 30-39	33:41.0	33:46.0
195	James Stroud	Sacramento CA	221	49	M	16 40-49	34:06.0	34:15.0
196	Michelle Opalenik	Pine Grove CA	179	39	F	34 30-39	33:55.0	34:16.0
197	Regina Chung	Elk Grove CA	42	42	F	21 40-49	33:44.0	34:24.0
198	Grace Cheng	Davis CA	39	50	F	12 50-59	34:13.0	34:26.0

199	Valerie Nera	Sacramento CA	171	59	F	13 50-59	34:09.0	34:29.0
200	Weyland Fat	Antelope CA	68	56	M	13 50-59	34:10.0	34:30.0

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201	Christine Pham	Sacramento CA	185	28	F	38 19-29	33:35.0	34:30.0
202	Faramarz Tehrani	Sacramento CA	226	30	M	28 30-39	33:36.0	34:30.0
203	Kathryn Doi	Sacramento CA	59	61	F	1 60-69	34:30.0	34:44.0
204	Patti Lewkowitz	Sacramento CA	136	56	F	14 50-59	34:45.0	34:46.0
205	Debbie Storz	Woodland CA	219	51	F	15 50-59	34:32.0	34:46.0
206	Jim Margolis	Sacramento CA	154	71	M	1 70-79	34:37.0	34:47.0
207	Brittany Joe	Sacramento CA	106	14	F	2 13-15	34:50.0	34:50.0
208	Micael Pham	Sacramento CA	186	24	M	23 19-29	34:24.0	35:02.0
209	Anna Pham	Sacramenti CA	184	27	F	39 19-29	34:25.0	35:03.0
210	Jordan Shimosaka	Folsom CA	212	5	M	2 1-12	35:04.0	35:07.0
211	Diane Shimosaka	Folsom CA	211	48	M	17 40-49	35:04.0	35:07.0
212	Nikki Muranaka	Sacramento CA	166	27	F	40 19-29	34:39.0	35:16.0
213	Ryan Yamamoto	Sacramento CA	267	27	M	24 19-29	34:40.0	35:19.0
214	Lor Tou	Folsom CA	123	28	M	25 19-29	35:05.0	35:26.0
215	Suzie Espinoza	Sacramento CA	66	37	F	35 30-39	35:10.0	35:27.0
216	Beth Ward	Sacramento CA	248	26	F	41 19-29	35:18.0	35:32.0
217	Felisa Turner	Folsom CA	241	34	F	36 30-39	35:11.0	35:32.0
218	Barbara Davy	Rancho Cordova CA	52	65	F	2 60-69	35:50.0	36:00.0
219	Stacy Her	Sacramento CA	304	25	F	42 19-29	35:49.0	36:06.0
220	Bill Howe	Sacramento CA	93	63	M	4 60-69	35:43.0	36:15.0
221	Cathy Saeteurn	Antelope CA	204	22	F	43 19-29	35:37.0	36:16.0
222	Mark Willson	El Dorado Hills CA	256	39	M	29 30-39	36:13.0	36:20.0
223	Lesli Faulk	Sacramento CA	69	53	F	16 50-59	36:17.0	36:23.0
224	Mary Hsu	Elk Grove CA	95	37	F	37 30-39	36:11.0	36:23.0
225	Bonnie Pahule	Sacramento CA	324	32	F	38 30-39	36:10.0	36:32.0
226	Wency Luke	Vacaville CA	146	28	F	44 19-29	35:35.0	36:38.0
227	Bianca Yanuaría	Sacramento CA	270	23	F	45 19-29	36:50.0	36:53.0
228	John Datiles	Sacramento CA	51	25	M	26 19-29	36:50.0	36:53.0
229	Mai Lee Her	Sacramento CA	88	22	F	46 19-29	36:49.0	36:58.0
230	Lee-John Fernandes	Sacramento CA	70	34	M	30 30-39	36:27.0	36:58.0
231	Elizabeth Tom	Sacramento CA	230	26	F	47 19-29	36:45.0	37:02.0
232	Amy Park	Sacramento CA	181	34	F	39 30-39	36:56.0	37:14.0

233	Sarah Lee	Sacramento CA	135	30	F	40 30-39	37:14.0	37:32.0
234	Kaihung Yam	Sacramento CA	266	34	M	31 30-39	36:45.0	37:38.0
235	Amy Abulatta	Folsom CA	2	24	F	48 19-29	36:57.0	37:39.0
236	Stephanie Babasa	Millbrae CA	334	21	F	49 19-29	37:50.0	37:54.0
237	Marie Silveira	Sacramento CA	214	30	F	41 30-39	37:01.0	38:02.0
238	Devin Ma	Sacramento CA	147	29	M	27 19-29	38:05.0	38:05.0
239	Suzan El-Ajou	Sacramento CA	64	25	F	50 19-29	37:32.0	38:13.0
240	Dijon Walker		387	27	M	28 19-29	37:32.0	38:14.0
241	Kevin Wong	Sacramento CA	260	34	M	32 30-39	38:03.0	38:25.0
242	Lorie Shelley		395	51	F	17 50-59	38:00.0	38:27.0
243	Kelly Gallagher	Antelope CA	79	46	F	22 40-49	38:46.0	38:48.0
244	Harkirat Bains		386	22	F	51 19-29	38:16.0	38:54.0
245	Anna Bostic	Portland OR	20	29	F	52 19-29	39:03.0	39:15.0
246	Marcyia Henderson	West Sacramento CA	358	13	F	3 13-15	39:06.0	39:18.0
247	Heather Dolk	Elk Grove CA	61	29	F	53 19-29	39:05.0	39:18.0
248	Cameron McLeod	Fair Oaks CA	346	57	F	18 50-59	39:06.0	39:19.0
249	Angela Ho	Davis CA	336	24	F	54 19-29	39:19.0	39:19.0
250	Rylie Lautrup	Folsom CA	127	11	F	2 1-12	39:37.0	39:56.0
251	Bea Ramey	Foslom CA	192	25	F	55 19-29	39:37.0	39:57.0
252	Stacie Lautrup	Folsom CA	128	40	F	23 40-49	39:40.0	39:59.0
253	Debbie Mathis	Citrus Heights CA	158	45	F	24 40-49	40:48.0	40:52.0
254	Jonathan Tran	Sacramento CA	318	25	M	29 19-29	40:31.0	40:55.0
255	Thuong Le	Sacramento CA	131	33	F	42 30-39	40:53.0	41:30.0
256	Anna Lopez	Elk Grove CA	330	38	F	43 30-39	41:24.0	41:31.0
257	Michelle Adversalo	Elk Grove CA	4	32	F	44 30-39	41:27.0	41:39.0
258	gayle eggleston		394	58	F	19 50-59	41:13.0	41:50.0
259	Carol Mason	Sacramento CA	309	53	F	20 50-59	41:35.0	42:24.0
260	Barbara Cross	Elk Grove CA	312	62	F	3 60-69	41:36.0	42:25.0
261	Terri Snook	Clarksburg CA	217	56	F	21 50-59	42:58.0	42:59.0
262	Chelsea Kelley	Sacramento CA	114	32	F	45 30-39	42:55.0	43:22.0
263	Marisol Avina	Sacramento CA	10	31	F	46 30-39	42:54.0	43:22.0
264	Katie Jones	Sacramento CA	112	40	F	25 40-49	43:19.0	43:38.0
265	Kathryn Cloninger	Portland OR	44	62	F	4 60-69	43:31.0	43:43.0
266	Ciara Prince	Orangevale CA	190	17	F	4 16-18	43:31.0	44:01.0
267	Tammy Prince	Orangevale CA	191	41	F	26 40-49	43:33.0	44:02.0
268	Ashley Rice	El Dorado Hills CA	195	38	F	47 30-39	43:48.0	44:08.0

269	Derrick Tse	Temple City CA	238	26	M	30 19-29	43:52.0	44:09.0
270	Lani Allman	Rancho Cordova CA	6	51	F	22 50-59	43:34.0	44:16.0
271	Melanie Gutierrez	Sacramento CA	325	35	F	48 30-39	44:17.0	44:19.0
272	Hosam Abullatta	Folsom CA	3	56	M	14 50-59	43:56.0	44:44.0
273	Sonja Wilson	Rio Linda CA	258	31	F	49 30-39	44:39.0	44:44.0
274	Chris Tom-Albertson	Sacramento CA	232	57	F	23 50-59	44:36.0	44:47.0
275	Karen Crick	Granite Bay CA	47	65	F	5 60-69	44:42.0	44:53.0
276	Melissa Scolari		397	30	F	50 30-39	46:01.0	46:29.0
277	Sai-Ling Mao Soo Hoo	Sacramento CA	152	62	F	6 60-69	46:26.0	46:44.0
278	Jonathan Mendick	Carmichael CA	163	25	M	31 19-29	47:17.0	47:18.0
279	William Yee	Sacramento CA	274	52	M	15 50-59	47:27.0	47:43.0
280	Vincent Tumino	Sacramento CA	298	20	M	32 19-29	47:21.0	47:56.0
281	Shelby Skelton	Sacramento CA	216	20	F	56 19-29	47:21.0	47:56.0
282	Theresa Ihara	Elk Grove CA	100	63	F	7 60-69	48:53.0	49:10.0
283	Sophia Kim	Elk Grove CA	119	43	F	27 40-49	48:50.0	49:18.0
284	John Breslin	Sacramento CA	344	35	M	33 30-39	49:36.0	49:53.0
285	Chad Breslin	Sacramento CA	342	6	M	3 1-12	49:41.0	49:55.0
286	Makaela Matsuura	Sacramento CA	160	15	F	4 13-15	49:53.0	50:10.0
287	Sharon Cam	Sacramento CA	321	27	F	57 19-29	49:56.0	50:11.0
288	Sally Do	Sacramento CA	58	33	F	51 30-39	51:29.0	51:33.0
289	Lea Dibble	Sacramento CA	55	44	F	28 40-49	52:05.0	52:10.0
290	Vanessa Maldonado	Sacramento CA	148	23	F	58 19-29	52:24.0	53:01.0
291	Mikaela Zimmerman	Sacramento CA	275	27	F	59 19-29	52:25.0	53:02.0
292	Irene Camerino	Elk Grove CA	31	41	F	29 40-49	53:23.0	53:35.0
293	Melanie Brewer	Antelope CA	23	31	F	52 30-39	53:39.0	53:50.0
294	Elizabeth Gomez	Sacramento, CA	82	27	F	60 19-29	53:28.0	54:05.0
295	Bennett Shuler	Sacramento CA	213	30	M	34 30-39	43:33.0	54:52.0
296	Arlene Barton	Sacramento CA	341	42	F	30 40-49	58:00.0	58:15.0
297	Peter Rogers	Elk Grove CA	200	14	M	5 13-15	58:19.0	58:19.0
298	Jack Trugna		399		M	1 0-0	58:50.0	58:50.0
299	Malinda Nguyen		400	31	F	53 30-39	58:50.0	58:50.0
300	Karl Lui	Sacramento CA	143	36	M	35 30-39	58:43.0	59:24.0
Place	Name	City	Bib No	Age	Gender	Age Group	Chip Time	Gun Time
301	Suk Lui	Sacramento CA	144	60	F	8 60-69	58:56.0	59:40.0
302	Heidi Van	Sacramento CA	243	21	F	61 19-29	59:01.0	59:42.0

303	Linda Ramirez	Sacramento CA	193	63	F	9 60-69	00:32.0	00:40.0
304	Tim Yee	Elk Grove CA	273	40	M	18 40-49	59:59.0	01:07.0
305	Carmen McLellan	Elk Grove CA	161	55	F	24 50-59	00:32.0	01:11.0
306	Ken Le		390	38	M	36 30-39	01:33.0	02:19.0
307	Nicole Yee	Elk Grove CA	272	35	F	54 30-39	01:21.0	02:29.0
308	Janice Joe	Sacramento CA	107	59	F	25 50-59	02:09.0	03:16.0
309	Helen Tom	Sacramento CA	231	81	F	1 80-99	17:35.0	18:48.0

Pace

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